

GWO BASIC SAFETY TRAINING MANUAL HANDLING MODULE



TARGET GROUP

GWO BST Manual Handling module is primarily intended for personnel working in the wind industry or related fields needing to obtain their GWO BST Manual Handling Module certificates.



OBJECTIVES OF THE COURSE

On completion of the BST Manual Handling Module the delegates will be able to demonstrate understanding of the importance of carrying out work duties in a safe and sound manner in accordance with the legislative requirements of their geographic work location; to identify aspects of their job tasks that could increase their risk of developing muscular/ skeletal injuries; to demonstrate understanding of safe practices of Manual Handling, including the correct handling of equipment; to identify signs and symptoms of injuries related to poor Manual Handling techniques and have knowledge of reporting methods; to demonstrate a problem solving approach to Manual Handling in a wind turbine environment and Manual Handling risk reduction techniques.



COURSE CONTENTS

The GWO BST First Aid Module covers the following topics:

- Legislation;
- Risks & Hazards;
- Spinal Anatomy and Posture;
- Planning Lifts;
- Risk Control and Lifting Techniques;
- Behavioural Safety;
- Scenario-based training.

ENTRY STANDARTS

Trainees wishing to enter this course should be medically fit and capable of fully participating.



DURATION AND PRICE OF THE TRAINING COURSE.

The duration of the GWO BST Manual Handling module is 4 hours.



COURSE LIMITATIONS

The maximum number of participants – 12 persons.



TRAINING APPROACHES AND EQUIPMENT

During training course theoretical lessons are given using PowerPoint presentations, practical tasks are based on real scenarios and conducted using following equipment: First Aid kit, different types of splints, braces, bandages, dressings, human-sized dummy for ABC, resuscitation equipment, Neil-Robertson stretcher.

