

GWO BASIC SAFETY TRAINING REFRESHER SEA SURVIVAL MODULE



TARGET GROUP

GWO BSTR Sea Survival module is primarily intended for personnel working in the wind industry or related fields needing to refresh their GWO BSTR Sea Survival.



OBJECTIVES OF THE COURSE

On completion of the BSTR Sea Survival Module the delegates will be able to demonstrate knowledge of dangers and symptoms related to hypothermia and drowning; understanding of the advantages and limitations of the different Life Saving Appliances (LSA), Personal Protective Equipment (PPE) and Personal Fall Protective Equipment (PFPE) commonly used in the offshore wind energy industry and are able to wear and use them accordingly; knowledge of risks related to transfers (dynamic/static – static/dynamic); safe transfer from vessel to dock and vessel to foundation; knowledge of the emergency and safety procedures on installations, vessels and WTG; knowledge of Search and Rescue (SAR) and Global Maritime Distress and Safety System (GMDSS); recovery and First Aid treatment of a “man over board”; evacuation from a mock WTG to the water by means of rescue device; individual and collective survival techniques at sea.



COURSE CONTENTS

The GWO BST Sea Survival module covers the following topics:

- Personal and Collective Life Saving Appliances and PPE;
- Exposure, Cold Shock Hypothermia and Drowning;
- Sea survival exercises;
- Transfer exercises.

ENTRY STANDARTS

Trainees wishing to enter this course should be medically fit and capable of fully participating. They should also possess valid BST/ BSTR certificates or training records in WINDA for the Sea Survival module prior to attending BSTR Sea Survival training.



DURATION AND PRICE OF THE TRAINING COURSE.

The duration of the GWO BSTR Sea Survival module is 1 working day.



COURSE LIMITATIONS

The maximum number of participants is 12 persons.



TRAINING APPROACHES AND EQUIPMENT

During training course theoretical lessons are given using PowerPoint presentations and mock-up of various survival equipment, practical tasks are based on real scenarios and conducted using following equipment: rigid and inflatable lifejackets, survival suits, helmets, inflatable life raft with equipment, helicopter rescue sling, cradle, rescue net, rescue device, safety harnesses, SRL, PPE, etc.

